

Download The Complete A Z Guide Of Essential Oils And Aromatherapy For Beginners Essential Oils For Beauty Weight Loss Stress Relief Health And Healing

For all things to do with alternative therapies please visit the [Alternative Therapies Directory](#) IvyRose Energies Information about aromatherapy, crystal healing, reiki, homeopathy, reflexology & more! Lavender essential oil is the most used essential oil in the world today, but the benefits of lavender were actually discovered over 2,500 years ago. The primary purpose of the College of Inner Awareness, Metaphysical Studies and Spiritual Studies is to train and educate prospective leaders for metaphysical ministries and schools through Distant-Learning or On-campus Training. Over 1,000,000 prizes worth over \$10,000,000 have been given away so far!