

Download Family Therapy An Intimate History

Family therapy, also referred to as couple and family therapy, marriage and family therapy, family systems therapy, and family counseling, is a branch of psychotherapy that works with families and couples in intimate relationships to nurture change and development. Multiple-Family Therapy: A Model For Social Worker's At Children's Homes ©1994 By John Howe MSW, CCSW. I. What Is It? Multiple Family Group Therapy (MFGT) involves working with a collection of families, including the families identified patient, in a group setting. The Internal Family Systems Model (IFS) is an integrative approach to individual psychotherapy developed by Richard C. Schwartz. It combines systems thinking with the view that mind is made up of relatively discrete subpersonalities each with its own viewpoint and qualities. Why Colorado State University? Colorado State University is consistently ranked as one of the nation's top universities in a variety of categories and disciplines – from teaching and learning to research and student achievement in studios, laboratories, and classrooms.