

Download Consumer's Guide To Mental Health

A Consumer's Guide to Mental Health Services is a valuable and practical resource for anyone considering or beginning mental health treatment or their family and friends. It is also a useful addition for educators or students working through introductory courses in all of the major mental health fields. Consumer's Guide to Mental Health Services. Consumer's Guide to Mental Health Services. Twenty percent of adult Americans – or one in five – will have a mental illness during their lifetime that is severe enough to require treatment, and many more have problems that prevent them from enjoying their lives. A Consumer's Guide to Mental Health Services: Unveiling the Mysteries and Secrets of Psychotherapy (Haworth Series in Clinical Psychotherapy) eBook: Jeffrey K. Edwards, Anthony W. Heath: Amazon.ca: Kindle Store Healthier You provides medical and mental health information for the patient and caregiver.